



## DEVELOPING OPTIONS, CREATING OPPORTUNITIES FOR INDIVIDUALS WITH DISABILITIES



South Chicago Parents and Friends, Inc. is dedicated to improving the quality of life for persons with intellectual and developmental disabilities. We do this by developing options and creating opportunities which enable them to learn to the best of their ability to live productively, to work in rewarding jobs and to value themselves and their roles in society.



In 1976, a small group of parents and friends who resided on the southeast side of Chicago recognized the need for options and opportunities for adult family members who had developmental disabilities. They sought and initiated quality programs and services that not only challenged, motivated, and inspired their loved ones, but also, helped their communities recognize, integrate, and appreciate diversity.

South Chicago Parents and Friends is a nonprofit 501c3 corporation that supports individuals and their families throughout southeast Chicago and the southern suburbs. The board of directors, made up of volunteers, guides the organization.

### MISSION STATEMENT

South Chicago Parents and Friends strives to improve the quality of life for persons with intellectual and developmental disabilities, empowering them to be productive and valued members of society.

To accomplish this goal, the services offered by South Chicago Parents and Friends enables individuals with disabilities to learn, work, play and live as members of the community.

Accreditation by the Commission on Accreditation of Rehabilitation Facilities demonstrates that South Chicago Parents and Friends, Inc., strives to improve efficiency, fiscal health, and service delivery by creating a foundation of consumer satisfaction.



# WE ARE CONNECTED

South Chicago Parents and Friends connect **three circles** of support services.

## FAMILY SUPPORT SERVICES

In-Home Respite Support Service  
Home-Based Support Service  
Intake Support Service

## COMMUNITY LIVING SERVICES

Community Integrated Living Arrangement  
Family Home Living Arrangement  
Independent Living Arrangement

## DAY AND EMPLOYMENT SERVICES

Developmental Training  
Supported Employment



**SOUTH CHICAGO  
PARENTS & FRIENDS**

DEVELOPING OPTIONS, CREATING OPPORTUNITIES

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University Park, IL 60466  
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**LEARN!**

### FAMILY SUPPORT SERVICES

Family Support Services encompass an array of programs that focus on the optimum quality of life for persons who have intellectual and developmental disabilities, as well as their families.

**In-Home Respite Support Service** is offered because even the most dedicated caregivers need a break from the round-the-clock responsibility of their loved ones in order to focus on themselves. A highly-qualified and specially-trained employee from the organization will come to the family's home and provide temporary relief so that the caregiver can rest, run an errand, or do something special for themselves.

**Home-Based Support Service** enables a facilitator to come to an individual's home on a regular basis. The facilitator will assess, review, and coordinate the individual's personal, educational, and social needs to ensure that all are being met. The facilitator works with the individual and the family to develop an Individual Support Plan (ISP) that can be adjusted and refined according to changing needs, goals, and wishes.

**Intake Support Service** offers access to information and referral to a variety of community resources and services. These resources and services may include legal, educational, health, and social needs for individuals with disabilities.



**LIVE!**

### COMMUNITY LIVING SERVICES

Community Living Services offer a number of residential options for adults with disabilities. Some programs provide 24-hour staff assistance, while others are need-based programs that provide support on a more limited basis. All residential options are licensed by the Illinois Department of Human Services.

**Community Integrated Living Arrangement (CILA)** is for individuals that live in a 24-hour supervised residential home. This arrangement offers opportunities for them to be as independent as possible in their home and community. They are encouraged to decorate their bedroom and home and to decide those activities and outings in which they would like to participate in. Each resident has an Individual Support Plan (ISP) that recognizes their needs and preferences, and guides the type of support they receive. Our homes are physically integrated into the community. We make every effort to ensure that the homes are similar in terms of size and number of inhabitants to others in their neighborhood.

**Family Home Living Arrangement** offers maximal supports for those individuals residing in the family home. Our staff will assist each individual as they learn the necessary skills to live in the community. The amount of assistance varies, depending upon the level of help they need. Every moment becomes an opportunity for learning and personal growth.

**Independent Living Arrangement** provides minimum support, training and direction through direct or consultative staff. This will enhance the individuals' skills and lead to social integration within the community. Individuals may live in their own home, apartment or shared apartment.



**WORK!**

### DAY AND EMPLOYMENT SERVICES

Employment instills a tremendous amount of pride, independence, responsibility, and self-worth. Having proper vocational and behavioral skills is the place to start.

**Developmental Training** extends to individuals a variety of structured activities, designed to assist in achieving their maximum potential. Individuals receiving services and supports are provided instruction in self-care skills, motor skills, adult daily living skills, communication, computer training and basic academic skills. Additionally, job training is provided to enable individuals to develop and improve vocational skills and work attitude with the goal of obtaining a productive earning ability. Expected results from these services and supports include increased inclusion in community activities, greater self-direction, self-determination, self-reliance, self-esteem and productive earning opportunities.

**Supported Employment** assists individuals in a variety of employed environments. These services are designed to promote regular interaction with persons without disabilities who are neither paid care givers nor service providers. On the job site, job coaching is provided by a trained agency staff member until natural supports by coworkers are developed. Supported employment may be provided in individual placements or in group settings.

[www.scpf-inc.org](http://www.scpf-inc.org)